

# Things to Include in a Homeless Care Package

## PERSONAL CARE

---

Comb or Brush  
Hand lotion  
Lip balm  
Nail clippers  
Bandages  
Disposable Razors & Shaving Cream  
Feminine Hygiene Products  
Wet Wipes  
Tissues  
Toothbrush & Toothpaste  
Deodorant  
Sunscreen  
  
Socks

## FOOD + DRINK

---

Breakfast Bars  
Protein Bars  
Applesauce  
Peanut Butter Crackers  
Cheese Crackers  
Foil Tuna Packs  
Raisins  
Other Dried Fruits  
Plastic Utensils  
Bottled water  
Gum or Mints  
Chewable Multivitamins

## DON'T FORGET TO OFFER

A smile, eye contact, a kind note and information on local resources or an outreach center that provides hot meals, showers, a place to charge their phones and other services that could help them get back on their feet.